Michael E. Ingram Sr. is an ordained Apostle, Elder and Executive Administrator of Garden of Grace Community Church of God In Christ. He has preached the word of God and has helped build up and served at several churches, spreading the Good news throughout the world. He also serves as an foundation officer for Garden of Grace Community Foundation in Oklahoma City.

He graduated from Camden Senior High School in Arkansas and participated in ROTC all four years. He also served in the military for 6 years. He attended college at Grambling State University and Red River Vocational Technical School studying RN nursing and Kidney Dialysis. He was a drug rehabilitation counselor and a dialysis nurse for over twelve years.

He is happily married with four children and four grandchildren.